ABOUT US

The El Paso Family Resiliency Center (FRC) is a place of healing and support dedicated to serving as a resource to those directly and indirectly impacted by the tragedy of August 3, 2019.

El Paso United is comprised of resiliency navigators who through personalized case management connect individuals and families to credible programs and services that address their specific needs.

VISIT THE CENTER

6314 Delta Dr.
El Paso, TX 79905

Open Mon. - Fri., 9A - 5P
No appointment necessary.
Extended hours upon request.

CONTACT US

(915) 775-2783
frc@unitedwayelpaso.org

CONNECT WITH US

elpasounited.org
@elpasounitedFRC

PROGRAMMING & SERVICES

Referrals
Provide referrals to an array of services focused on behavioral health, emergency basic needs, legal services, spiritual care and financial stability.

Support Groups
Host empowering peer support groups to help individuals find comfort and support in sharing personal experiences, coping strategies and more.

Non-traditional Therapies
Offer non-traditional group therapies such creative art therapies, movement-focused therapies and more

Outreach & Education
Increase the understanding of mental health with education on the signs of trauma-induced stress in themselves and others as well as removing the stigma surrounding mental illnesses.

A program led by your local United Way

United Way of El Paso County